

A



**ZERO**

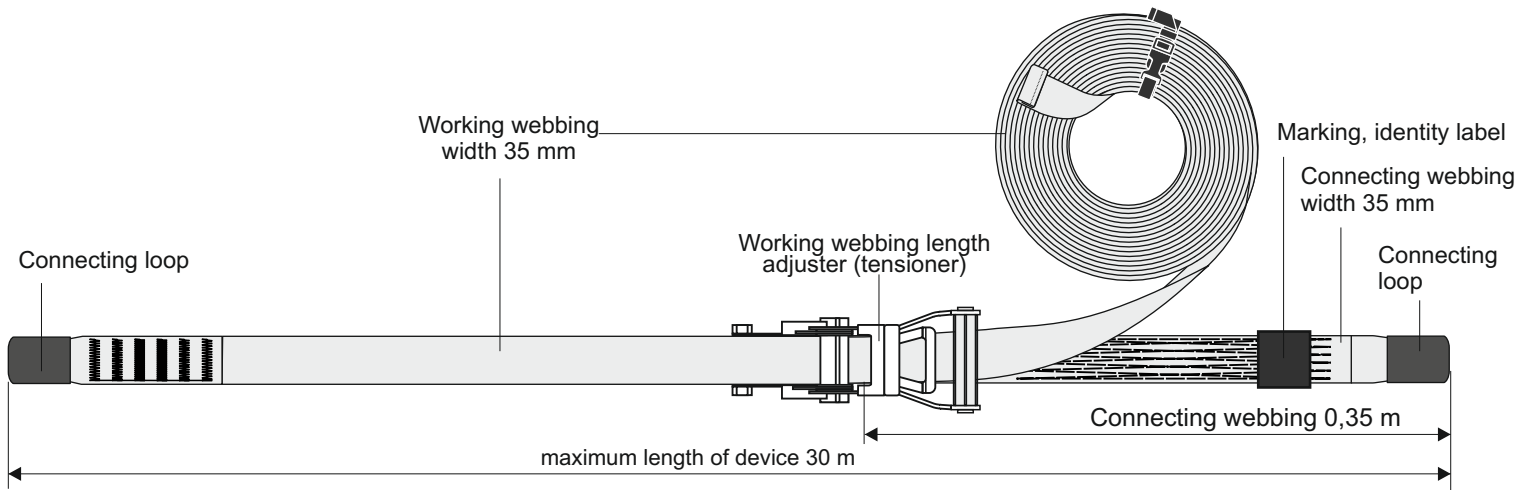
zero tolerance is essential PBIHS

**CE 1437**

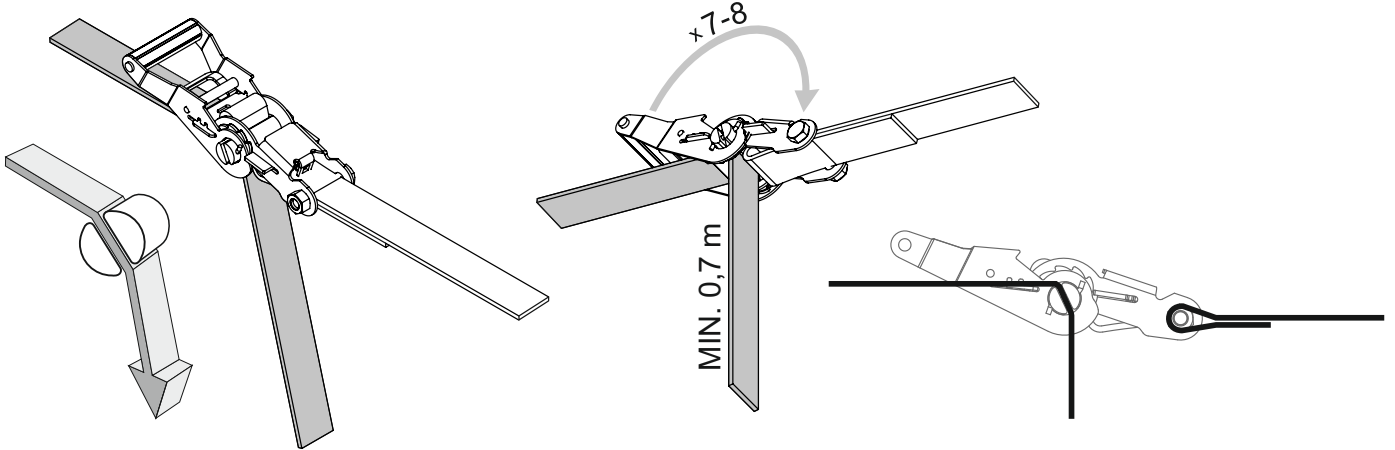
**EN 795:2012 TYPE B**  
**CEN/TS 16415:2013/B**

**ADJUSTABLE HORIZONTAL  
LIFELINE**

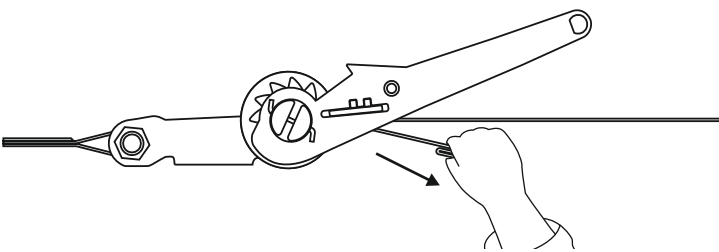
**AZP0WX3/300**



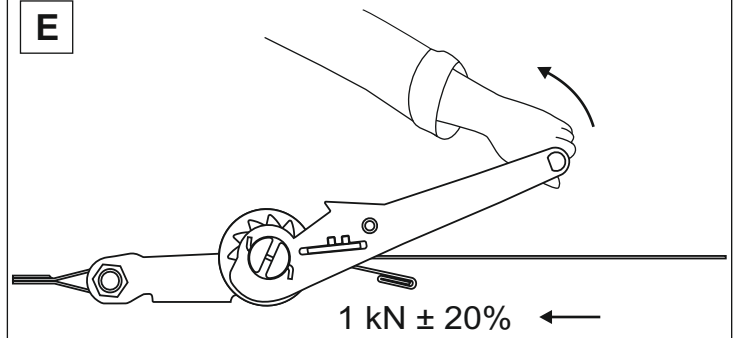
C



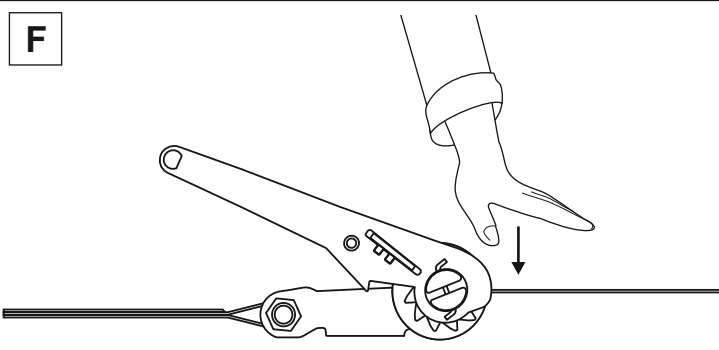
D



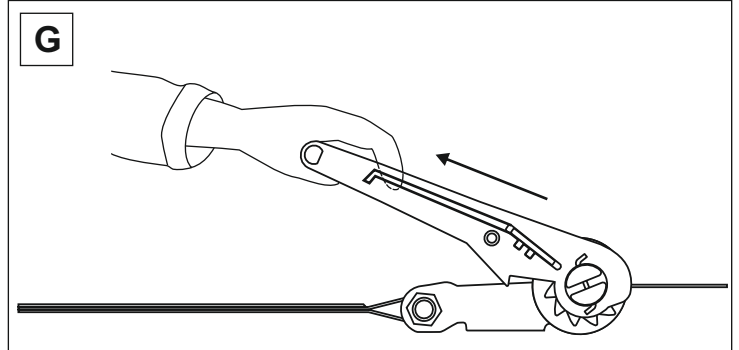
E

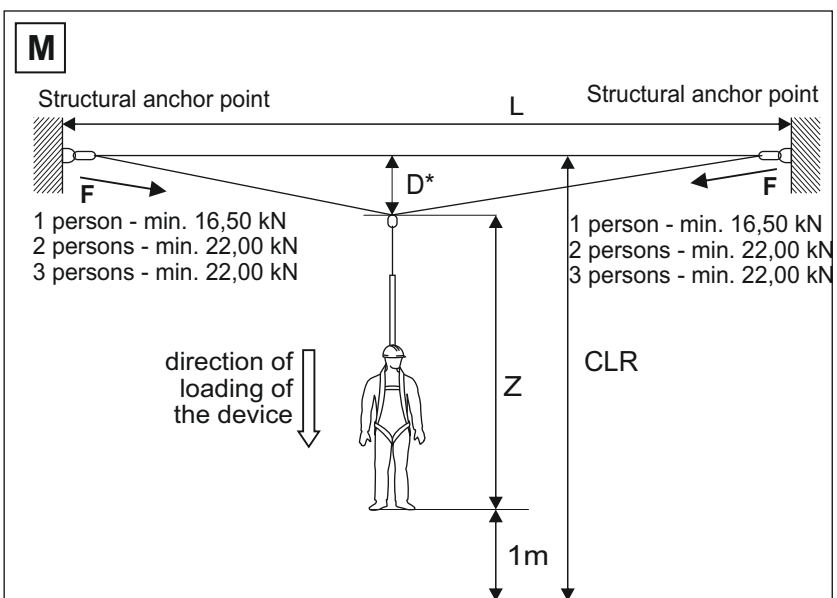
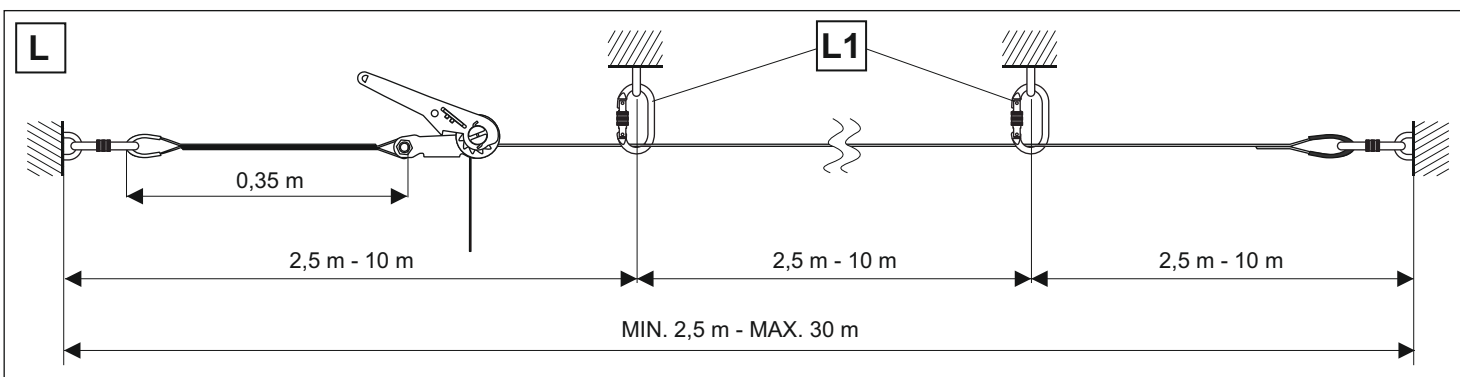
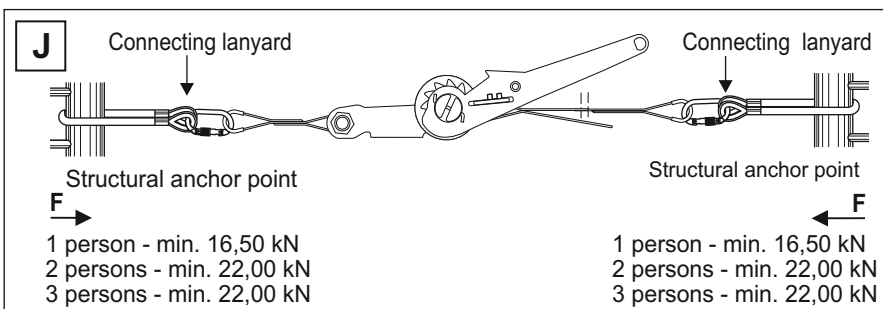
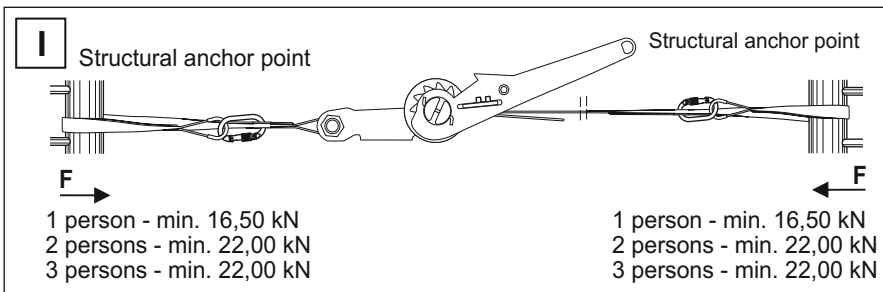
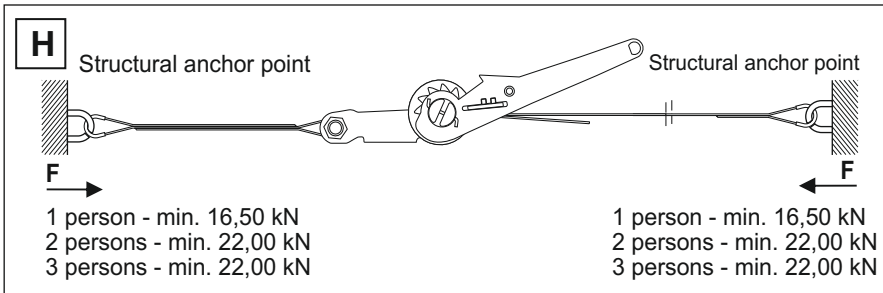


F



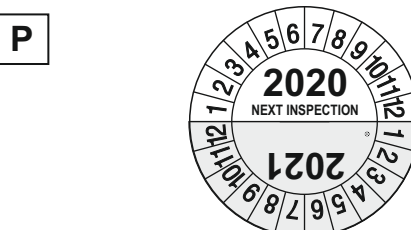
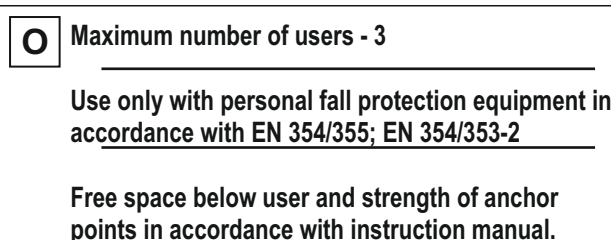
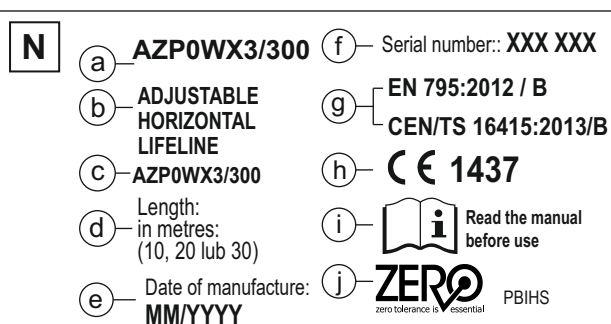
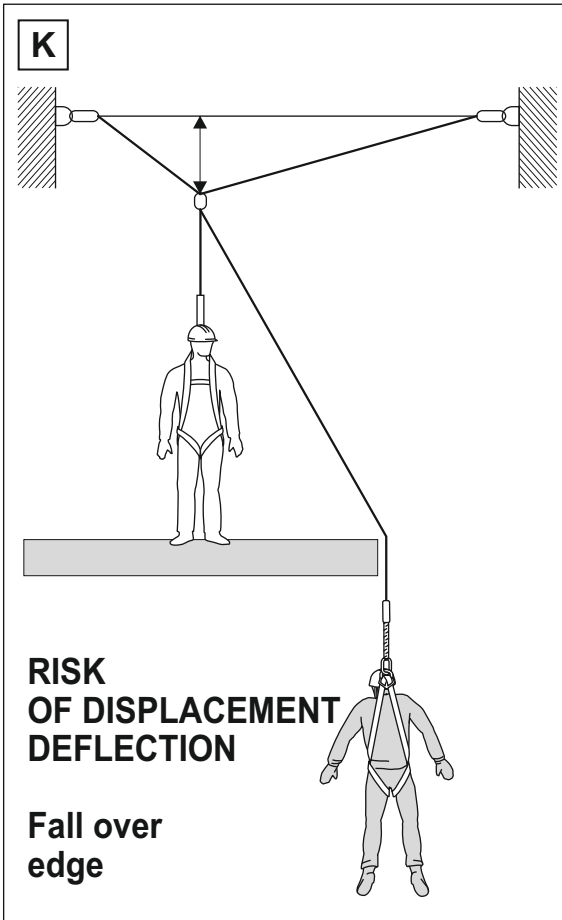
G





L[m] - total length of relaxed webbing  
D[m]\* - webbing deflection during falling Z[m] - maximum elongation of energy absorbing and connecting component + user height = 5.5m  
CLR[m] - required distance = D+Z+1m

\*) NOTE!  
Value of parameter "D" [table of deflections] is applicable only to lifeline and does not apply to any similar products delivered by other manufacturers.





# Instruction manual



Horizontal lifeline is a component of fall protection equipment. It should be used for works requiring frequent mobility in the horizontal. Horizontal lifeline complies with EN 795 Type B (portable anchor points for fall protection equipment). Horizontal lifeline provides protection for one, two or three persons.

## CONSTRUCTION

Work rope length adjuster (tensioner) is made of galvanized steel [B]. Working webbing made of polyester, of 10 m, 20 m, 30 m in width. [B] Connecting webbing, made of polyester, of 35mm in width and 0.35m in length [B]

## INSTALLATION OF HORIZONTAL LIFELINE ON STRUCTURAL ANCHOR POINTSNOTE!

- Horizontal lifeline can be equipped only with certified snap hooks complaint with EN 362.
- Shape of anchoring elements on a structure in attachment points should prevent self-acting disconnection of horizontal lifeline – [H], [I], [J].
- Structural anchor points must be located on the same level if possible. Deflection by 15° is allowed. Strength values for attachment points and and deflection values for the system are given in Table 1.
- For span sections longer than 10m use intermediate points [L] using connectors AZ011 [L1].
- Pay special attention to range of user operation by considering the line deflection or sliding down the line and the related risk of a fall from edge [K].
- Maximum load transferred when operating between the line and the structure are given in table of deflections (below) and in figure [M].
- If horizontal lifeline is a part of a system arresting a user's fall, it must be equipped with an element reducing braking force acting on user to maximum of 6 kN.

## ADJUSTING LENGTH OF HORIZONTAL LIFELINE

Install working webbing correctly in length adjusting and tensioning device [C]. Manually tension working webbing [D]. Tension working webbing with use of tensioner lever to remove webbing slack (0.5kN-1.5kN) [E]. To prevent accidental loosening of working webbing it is necessary to check the webbing for correct tensioning before use [F].

TABLE 1. REQUIRED STRENGTHS OF ATTACHMENT POINTS (F. SYSTEM DEFLECTION (D

|  | ← L →       |        |              |        |               |        |               |        |
|----------------------------------------------------------------------------------|-------------|--------|--------------|--------|---------------|--------|---------------|--------|
|                                                                                  | 2,5 m - 5 m |        | > 5 m - 10 m |        | > 10 m - 20 m |        | > 20 m - 30 m |        |
|                                                                                  | D [m]       | F [kN] | D [m]        | F [kN] | D [m]         | F [kN] | D [m]         | F [kN] |
| 1                                                                                | 0,70        | 16,50  | 1,40         | 16,50  | 1,70          | 16,50  | 1,90          | 16,50  |
| 2 - 3                                                                            | 0,90        | 22,00  | 1,70         | 22,00  | 2,10          | 22,00  | 2,40          | 22,00  |

## REMOVAL OF HORIZONTAL LIFELINE

To remove horizontal lifeline pull inner flexible connector on tensioner holder and pull the lever aside, while releasing tension of webbing [G]. Remove the device.

## MAIN PRINCIPLES OF USE OF ADJUSTABLE HORIZONTAL LIFELINE

Horizontal lifeline can be used only by personnel trained in works at a height beforehand. Before each use visually check tensioner mechanism, snap hooks, webbings, seams for any mechanical, chemical or thermal damages. The assessment must be carried out by a person who will use horizontal lifeline. After any defect is found or condition of horizontal lifeline raises any doubts – DO NOT USE IT. When using horizontal lifeline it is necessary to keep adequate distance (CLR - Fig.) between working webbing level and ground level.This distance depends on length of the retracted webbing and is shown in figure [M]. The device holds label [O] to mark date of the next inspection, i.e. date of first use plus 12 months. Do not use the device if inspection is not valid.

- Working webbing must be tensioned (without slack) between two structural points using manual force (0.5kN-1.5kN). If the calculated value CLR in a specific point is greater than free space under the user:
- use accordingly shorter energy absorbing and connecting component;
- use fixed fall arrest system with rigid line.
- Before each use of personal fall protection equipment, the component of which is device, please check whether all system parts are properly interconnected and cooperate with other components without any interference, and compliant with valid standards:
- EN 361 - Full body harness;
- EN 354 - Lanyards;
- EN 355 - Energy absorbers;EN 362 - Connectors (Snap hooks)
- EN 795 - Anchor devices
- Horizontal lifeline can be used only with devices by the manufacturer of horizontal lifeline:
- - retractable type fall arresters (EN 360),
- - energy absorbers with lanyards (EN 355),
- - guided type fall arresters including a flexible anchor line (EN 353-2).
- To connect components of the system use connectors compliant with EN 362 only.
- Horizontal lifeline can be used in explosion hazard zones 1, 2, 20, 21 & 22.
- When using horizontal lifeline protect it from contact with oils, acids, solvents, alkali, open fire, molten metal, sparks (welding, metal cutting) and sharp edges.
- It is forbidden to make any modifications of horizontal lifeline.

## DEVICE MARKING (IDENTITY LABEL)

Meaning of marking symbols [N], [O] (a) - device model (type); (b) - name of device; (c) - reference no.; (d) - XX - length in metres: (10, 20 or 30); (e) - month and year of product manufacture; (f) - product serial number; (g) - number and year of European standard; (h) - CE mark and number of notified body; (i) – not: read manual; (j) – marking of manufacturer or distributor responsible for controlling manufacturing of the equipment. Date of next inspection [P].

## PERIODIC INSPECTIONS

The device should be subject to periodic inspection after at least each 12 months of usage, starting from date of the first use. Periodic inspection can be carried out only by a competent person with adequate knowledge and trained in periodic inspection of personal fall protection equipment. Conditions of the device use may influence the frequency of periodic inspections which may be carried out more frequently than after 12 months of usage. All periodic inspections must be recorded in the identity card for the device.

## MAXIMUM TIME OF USAGE

The device can be used for 10 years from the manufacturing date.

NOTE: Maximum time of usage depends on intensity and environment of use. If the device is used in heavy conditions, being exposed to frequent contact with water, sharp edges, extreme of temperatures or exposed to corrosive substances, it may be necessary to withdraw the device after only one use.

## WITHDRAWAL FROM USE

The device must be withdrawn from use immediately and destroyed if it has been used to arrest a fall, failed a periodic inspection or there are any doubts concerning its function.

## ESSENTIAL PRINCIPLES FOR USE OF PERSONAL FALL PROTECTION EQUIPMENT

- Personal fall protection equipment should be used only by personnel trained in this respect.
- Personal fall protection equipment must not be used by a person with medical condition that could affect the safety of the equipment user in normal and emergency use.
- Draw a rescue plan to be implemented during operation whenever necessary.
- being suspended in personal fall protection equipment (e.g. after arresting a fall) please note symptoms of suspension trauma.
- to avoid negative effects of suspension make sure a corresponding rescue action plan is prepared. It is recommended to use support tapes.
- It is forbidden to make any alterations or additions to the equipment without the manufacturer's prior written consent.
- Any repair shall only be carried out by manufacturer of the equipment or his certified representative.
- Personal fall protection equipment shall not be used for any purpose other than intended.
- before each use make sure that all parts of the fall arresting system cooperate correctly. Periodically examine connectionsand fitting of components of the equipment to prevent any accidental loosening or

- disconnection.
- It is forbidden to use a combination of equipment where function of any one item is affected by, or interferes with the function of any other.
- before each use of personal fall protection equipment carry out a detailed inspection to ensure that the device is operable and operates correctly.
- In particular, before use inspect all accessible elements of the equipment for any damages, excessive wear, corrosion, abrasion, cutting or improper function. On individual devices pay particular attention to:
  - in full body harness, sit harnesses and work positioning devices: buckles, regulating elements, attachment points (buckles), webbing, seams, belt loops;
  - in energy absorbers: attachment loops, webbing, seams, housing, connectors;
  - in lanyards and textile guides: rope, loops, thimbles, connectors, regulating parts, splices;
  - in lanyards and steel guides: rope, wires, clamps, loops, thimbles, connectors, regulating parts;
  - in retractable type fall arresters: lanyard or webbing, retractor and locking mechanism for proper operation, housing, energy absorber, connectors;
  - in guided type fall arresters: body, proper guiding, locking mechanism for proper operation, rollers, bolts and rivets, connectors, energy absorber; in metal parts (connectors, hooks, attachment points): load-bearing body, rivets, main pawl, function of locking gear.
  - at least once a year, after every 12 months of use, personal protective equipment must be withdrawn from use to carry out periodic detailed inspection. Periodic inspection may be carried out by a properly qualified and skilled person. Also periodic inspection may be carried by manufacturer of the equipment or his authorized representative.
  - in some cases, if the fall protection equipment has a complex design (e.g. fall arresters), periodic inspections may be carried out by the equipment manufacturer, or his authorized representative only. After the periodic inspection, date of the next inspection should be arranged.
  - Regular periodic inspections are essential in respect of the equipment condition and safety of users which is dependant on the equipment functionality and durability.
  - During periodic inspection it is necessary to check the legibility of all the equipment markings (identity label of the device.) Do not use the equipment if marking is illegible.
  - it is essential for the user's safety that the product is re-sold outside the original country of destination the reseller must provide instructions for use, for maintenance, for periodic inspection and for repair in language of the country where the product is to be used.
  - personal fall protection equipment must be withdrawn from use and discarded immediately (or other procedures based on instruction manual should be applied) if it has been used to arrest a fall.
  - full body harness compliant with EN 361 is the only device supporting user's body in fall arrest systems.
  - fall arrest system can be connected to attachment points (buckles, loops) on full body harness marked with capital letter "A"
  - Anchor point (device) of the fall protection equipment should have a stable structure and position so as to prevent a possibility of the load fall and minimize a free fall distance. Anchor point of the equipment should be located above the user's work station. The shape and

- construction of the anchor device/point shall not allow for a self-acting disconnection of the equipment. Minimal strength of the equipment anchor point should be 12kN. It is recommended to use certified and marked anchor points of the equipment compliant with EN 795.
- It is obligatory to verify the free space required under the user at workplace before each occasion of using the fall protection system, so that, in case of a fall, there is no collision with the ground or other obstacle in the fall path. The required free space should be determined on basis of the data given in the instruction manual of the equipment to be used.
  - when using the equipment, pay special attention to risks affecting operation of the equipment and the user's safety, and in particular to kinks and rope movement on sharp edges, oscillatory falls, electrical conductivity, any damages such as cuts, abrasions, corrosion, influence of extreme temperatures, negative influence of environmental factors, chemical substances.
  - Personal protective equipment must be transported in a package (e.g.: bag made of moisture-proof textile or foil bag or cases made of steel or plastic) to protect it against damage or moisture.
  - Personal fall protection equipment should be cleaned without causing adverse effect on the materials used in the production of the equipment. For textile materials (webbings, ropes) use agents suitable for delicate fabrics. Rinse thoroughly. Clean energy absorbers using damp cloth only. Do not immerse energy absorber in water. Wash textile products with water only. When the equipment becomes wet, either from being in use or after cleaning, allow it to dry naturally, and keep it away from sources of heat. In metallic products lubricate slightly some mechanical parts (springs, hinges, pawls, etc.) regularly to ensure their better operation.
  - Personal protective equipment should be stored loosely packed in well-ventilated rooms, protected from direct light, UV degradation, dust, sharp edges, extreme temperatures and aggressive chemical substances.
  - all parts of a fall protection equipment must conform to instruction manuals for the equipment and standards in force:
    - EN 353-1, EN 353-2, EN 354, EN 355, EN 360 - Fall arrest systems;
    - EN 362 - Connectors
    - EN341, EN1496, EN1497, EN1498 - Rescue equipment
    - EN 361 - Full body harness;
    - EN 813 - Sit harness;
    - EN 358 - Work positioning systems;
    - EN 795 - Anchor devices.

European Certificate issued by  
CENTRAL INSTITUTE FOR LABOUR PROTECTION ul. Czerniakowska  
16, 00-701 Warsaw, Poland, no. 1437

**Zero Advanced Height Safety, Head Office, PBI Height Safety Ltd**  
**PO Box 39048, Harewood 8545, 10 Holt Pl, Harewood 8053**  
**Christchurch, New Zealand, P: +64 3357 0093 F: +64 3360 2199**  
**Freephone: (NZ) 0800 357 003 (AUST) 1800 421 608**  
**E: info@zero4heightsafety.com, www.zero4heightsafety.com**

It is the responsibility of the user organisation to provide the Identity Card and to fill in the required details. The Identity Card should be filled in before the first usage of the equipment. All information on fall protection equipment (name, serial no., purchase date and date of first use, name of user, information on repairs and inspections and withdrawal from use) must be provided in the identity card of the device. The Identity Card should be filled in by a person responsible for fall protection equipment in an organisation. It is forbidden to use personal fall protection equipment if the Identity Card is not filled in.

NAME OF DEVICE  
MODEL

REFERENCE NO.

DEVICE NUMBER

DATE OF MANUFACTURE

USER NAME

DATE OF FIRST USE

DATE OF PURCHASE

TECHNICAL INSPECTIONS

|   | DATE<br>OF INSPECTION | REASONS FOR<br>INSPECTION OR REPAIR | NOTICED DAMAGES,<br>COMPLETED REPAIRS, OTHER REMARKS | DATE OF NEXT INSPECTION | SIGNATURE OF<br>AUTHORIZED<br>PERSON |
|---|-----------------------|-------------------------------------|------------------------------------------------------|-------------------------|--------------------------------------|
| 1 |                       |                                     |                                                      |                         |                                      |
| 2 |                       |                                     |                                                      |                         |                                      |
| 3 |                       |                                     |                                                      |                         |                                      |
| 4 |                       |                                     |                                                      |                         |                                      |
| 5 |                       |                                     |                                                      |                         |                                      |